

## PROGRAM DESCRIPTION

CLINT SWINDALL, CERTIFIED SPEAKING PROFESSIONAL  
SPEAKER, TRAINER, CONSULTANT, AUTHOR

### Engaged Living

*"When we help employees find a proper balance in their lives, we do much more than build employee morale ... we unleash tremendous amounts of much-needed creativity to help us compete in an ever-changing business world."*



Clint Swindall, CSP  
President & CEO  
Verbalocity, Inc.



The world seems to be moving at a faster pace than ever before. In trying to keep up with the insanity, we find ourselves in a constant struggle to find a balance between our professional and personal lives. If we focus on improving our business life, something at home falls apart. If we focus on improving our home life, something at work falls apart. Does the cycle ever end?

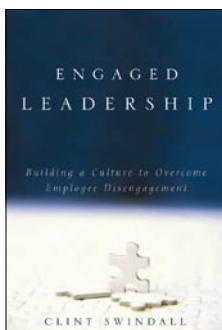
The frustration of constantly searching for a balance often causes significant stress and unhappiness in our lives. At work, it means low morale, high employee turnover, and potentially low profits. At home, it means higher stress, lower self-esteem, and family problems.

Beyond these obviously damaging aspects of an unbalanced life, the greatest business loss is one seldom seen. It has more to do with the block of creativity. A lack of life balance serves as a wall between the employee and maximum creativity. Therefore, it is in any organization's best interest to assist employees in search of life balance. When we help employees find a proper balance in their lives, we do much more than build employee morale ... we unleash tremendous amounts of much-needed creativity to help us compete in an ever-changing business world.

We each want balance in our lives, but tend to look too deep to find it. Clint believes that life balance is about common sense things, and can help you understand several issues:

- ★ What simple things can we do to keep it all in perspective?
- ★ What areas of our life need our attention to balance our lives?
- ★ What can we do immediately to bring balance to our lives?

Everyone deserves a fulfilling life. This program will move your audience one step closer to a balanced life by showing how they can be fully engaged at all levels.



*Clint Swindall's book entitled **Engaged Leadership: Building a Culture to Overcome Employee Disengagement**. Please contact us to discuss the bulk purchase of the book, as well as the potential for a reduced fee based on a bulk purchase.*